Human Anatomy Celebration I

Study Guide

Over the last 3 weeks we have studied in depth the muscular, skeletal, respiratory, and circulatory systems. You have been provided a plethora of handouts, anatomy diagrams, and notes to support your studying. To ensure success in the Anatomy Quiz on Wednesday, make sure you can do all of the following:

- 1. Be able to describe <u>in detail</u> how the muscular, skeletal, respiratory, and circulatory systems contribute to movement in animals.
- 2. Be able to identify and label the following bones on a skeleton: cranium, spine, humerus, radius, ulna, femur, tibia, fibula, atlas vertebrae.
- 3. Know the 5 functions of the skeletal system.
- 4. Be able to identify and describe the movement of the saddle, hinge, ball and socket, and plane joint.
- 5. Be able to identify the major muscle groups: bicep, tricep, quadriceps, hamstrings.
- 6. List and provide an example of the 3 muscle types.
- 7. Explain why muscles come in pairs (extenders and flexors).
- 8. Describe the process of fatigue. What is anaerobic and aerobic cellular respiration?
- 9. Explain ALL the steps to oxygenate body tissues and to rid of carbon dioxide.
- 10. Identify and label the major components of the respiratory and circulatory systems: heart, arteries, veins, lungs, and diaphragm.
- 11. Explain the role of the diaphragm in the breathing process.
- 12. Describe a disease of one of the systems describe and how to decrease the chances of getting it.
- 13. Describe where in the body Cellular Respiration occurs and how do the muscle, skeletal, respiratory, and circulatory contribute to cellular respiration.
- 14. Describe how animal skeletons provide evidence of the theory of evolution.